



*Your  
Lenten  
Journey*

## Opening Prayer

Dear Lord, be in our minds  
as we hear Your Word,  
Be in our lips as we proclaim  
Your Word,  
Be in our hearts as we live Your  
Word

Amen

## Closing Prayer

Help us live your Gospel,  
In everyone we meet  
In everything we do  
In every waking moment.  
Amen

## **HOLY WEEK**

**Discuss about what it must have been like to be a disciple of Jesus during this week.**

- Sunday** Place yourself in the crowd as Jesus triumphantly enters Jerusalem.
- Monday** Place yourself at the temple as Jesus topples the merchant's tables. What were you thinking?
- Tuesday** A quiet day in Jerusalem – Imagine what you may have done as a disciple. How were you feeling?
- Wednesday** Judas agrees to betray Jesus to the Jewish high priest Caiaphas. Why?
- Thursday** Place yourself in the upper room during Jesus' Last Supper. Discuss your experience.
- Friday** Place yourself in the crowd as Jesus is condemned and crucified. Discuss your feelings.
- Saturday** Place yourself back in the upper room, the day after your Savior has died. Describe your fears.
- Sunday** Place yourself in the upper room when the woman arrive telling you Jesus has risen. Discuss your feelings and actions.

## **First Week in Lent**

**February 21<sup>st</sup>**

**Gospel – Luke 4:1-13 “Jesus is Tempted by the devil in the desert”**

**Filled with the Holy Spirit, Jesus returned from the Jordan  
And was led by the Spirit into the desert for forty days,  
To be tempted by the devil. He ate nothing during those days,  
And when they were over he was hungry.**

**The devil said to him, “If you are the Son of God,  
Command this stone to become bread.”  
Jesus answered him,  
“It is written, One does not live on bread alone.”**

**Then he took him up and showed him  
All the kingdoms of the world in a single instant.  
The devil said to him,  
“I shall give to you all this power and glory;  
For it has been handed over to me,  
And I may give to whomever I wish.  
All this will be yours, if you worship me.”  
Jesus said to him in reply, “It is written:  
You shall worship the Lord, your God,  
And him alone shall you serve.”**

**Then he led him to Jerusalem,  
Made him stand on the parapet of the temple, and said to him,  
“If you are the Son do of God,  
Throw yourself down from here, for it is written:  
“He will command his angles concerning you, to guard, and  
With their hands they will support you, lest you dash your foot  
against a stone.” Jesus said to him in reply,  
“It also says, You shall not put the Lord, your God, to the  
test.”  
When the devil had finished every temptation,  
He departed from him for a time.**

**Start each discussion with the Opening Prayer and end with the Closing Prayer:**

**Discussion Questions:**

- **Sunday:** Discuss the homily and or reflection. What did you take from it?
- **Monday** “Why did not Jesus just take the test and pass it, showing the devil that He was God?”
- **Tuesday** “What are your temptations?”
- **Wednesday** “The Devil works best at our pride. What qualities in you are most proud of?”
- **Thursday** “Why is it so hard to put all your trust in God?”
- **Friday** Fast between meals, pray when you are hungry “Did you find any value in fasting? If so, what?”

**Palm Sunday**

**Luke 19:28-40**

Jesus proceeded on his journey up to Jerusalem. As he drew near to Bethphage and Bethany at the place called the Mount of Olives, he sent two of his disciples. He said, “Go into the village opposite you, and as you enter it you will find a colt tethered on which no one has ever sat. Untie it and bring it here. and if anyone should ask you, “Why are you untying it?’ you will answer, “The Master has need of it.” So those who had been sent went off and found everything just as he had told them. And as they were untying the colt, its owners said to them, “Why are you untying this colt?” They answered, “The Master has need of it.’ So they brought it to Jesus, threw their cloaks over the colt, and helped Jesus to mount. As he rode along, the people were spreading their cloaks on the road, and now, as he was approaching the slope of the Mount of Olives, the whole multitude of his disciples began to praise God aloud with joy for all the mighty deeds they had seen. They proclaimed: “Blessed is the king who comes in the name of the Lord. Peace in heaven and glory in the highest.” Some of the Pharisees in the crowd said to him, “Teacher, rebuke your disciples.” He said in reply, “I tell you, If they keep silent The stones will cry out!”

**Start each discussion with the Opening Prayer and end with the Closing Prayer**

**Discussion Questions:**

- **Sunday**            **Discuss the homily and/or reflection.  
What did you take from it?**
- **Monday**           **The Scribes and Pharisees wanted to trap  
Jesus. What do you think they were  
hoping Jesus would say or do?**
- **Tuesday**           **What do you think Jesus was writing on  
the ground?**
- **Wednesday**       **The Gospel states that the woman  
committed a sin. Why isn't she  
condemned?**
- **Thursday**          **What is the lesson to be learned from the  
Gospel?**
- **Friday**             **To whom are you judgmental of? How?  
Why?**

**Second Week of Lent**

**February 28<sup>th</sup>**

**Gospel: Luke 9:28b-36**

**“Jesus is transfigured before Peter, James and John”**

**Jesus took Peter, John, and James  
and went up the mountain to pray.**

**While he was praying, his face changed in appearance  
and his clothing became dazzling white.**

**And behold, two men were conversing with him, Moses  
and Elijah,**

**Who appeared in glory and spoke of his exodus  
that he was going to accomplish in Jerusalem.**

**Peter and his companions had been overcome by sleep,  
but becoming fully awake,  
they saw his glory and the two men standing with Him.**

**As they were about to part from him, Peter said to Jesus,  
“Master, it is good that we are here;  
Let us make three tents,  
One for you, one for Moses, and one for Elijah.”**

**But he did not know what he was saying.  
While he was still speaking  
A cloud came and cast a shadow over them,  
and they became frightened when they entered the cloud.**

**Then from the cloud came a voice that said,  
“This is my chosen Son, listen to him.”  
After the voice had spoken, Jesus was found alone.  
They fell silent and did not at that time  
tell anyone what they had seen.**

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**Discussion Questions**

- **Sunday**            **Discuss the homily and/or Reflection**  
                              **“What did you take from it?”**
- **Monday**            **“What would you have thought and done,**  
                              **had you been Peter, James or John”**
- **Tuesday**            **Moses was the great “Law Giver “and**  
                              **Elijah was the great” Prophet”. “Why**  
                              **do you think they appeared with Jesus?”**
- **Wednesday**        **God tells the apostles to “Listen to Him**  
                              **(Jesus).” What do you think God**  
                              **meant?**
- **Thursday**            **The Apostles “Did not at that time tell**  
                              **anyone what they had seen.” Why?”**
- **Friday**              **Before the Transfiguration Jesus prayed -**  
                              **Make time for quiet prayer today and**  
                              **then discuss how the quiet prayer made**  
                              **you feel.**

**Fifth Sunday of Lent**  
**Gospel: John 8:1-11**

**March 21<sup>st</sup>**

**Jesus went to the Mount of Olives,**  
**But early in the morning he arrived again in the temple area,**  
**And all the people started coming to him,**  
**And he sat down and taught them,**

**Then the Scribes and Pharisees brought a woman**  
**who had been caught in adultery**  
**and made her stand in the middle.**

**They said to him**  
**“Teacher, this woman was caught**  
**in the very act of committing adultery.**  
**Now in the law, Moses commanded us to stone such women.**  
**So what do you say?”**  
**They said this to test him,**  
**So that they could have some charge to bring against him.**

**But when they continued asking him,**  
**He straightened up and said to them,**  
**“Let the one among you who is without sin**  
**be the first to throw a stone at her.”**  
**Again he bent down and wrote on the ground**  
**And in response, they went away one by one,**  
**beginning with the elders.**

**So he was left alone with the woman before him.**  
**Then Jesus straightened up and said to her,**  
**“Woman, where are they?**  
**Has no one condemned you?”**  
**She replied “No one, sir.”**  
**Then Jesus said, neither do I condemn you**  
**Go, and from now on do not sin any more.”**

He said to father in reply,  
 “Look, all these years I served you  
 and not once did I disobey your orders;  
 yet you never gave me even a young goat  
 to feasts on with my friends.  
 But when your son returns  
 who swallowed up your property with prostitutes,  
 for him you slaughter a fattened calf.”  
 He said to him,  
 “My son, you are here with me always;  
 everything I have is yours.  
 But now we must celebrate and rejoice,  
 because your brother was dead and has come to life again;  
 He was lost and has been found.”

Start each discussion with the Opening Prayer and end with the Closing Prayer

**Discussion Questions:**

- **Sunday**            **Discuss the homily and /or Reflection**  
 “What did you take from it?”
- **Monday**           **Which character do you see as yourself in the story?**
- **Tuesday**         **Do you think the prodigal son was really sorry? Why or Why not?**
- **Wednesday**     **What did the older brother do wrong?**
- **Thursday**         **Would you have forgiven the son, like the father? Why or why not?**
- **Friday**             **Ask forgiveness from a family member you have hurt.**

**Third Week of Lent**  
**Gospel – Luke 14: 1-9**

**March 7<sup>th</sup>**

**Jesus tells the Parable of the Fig Tree; repent or perish.**

Some people told Jesus about the Galileans  
 whose blood Pilate had mingled with the blood  
 of their sacrifices  
 Jesus said to them in reply,  
 “Do you think that because these Galileans suffered  
 in this way  
 they were greater sinners than all other Galileans?  
 By no means!  
 But I tell you, if you do repent, you will perish as they did!  
 Or those eighteen people who were killed  
 when the tower at Siloam fell on them---  
 Do you think they were more guilty  
 than everyone else who lived in Jerusalem?  
 By no means!  
 But I tell you, if you do not repent,  
 You will all perish as they did.”

And he told them this parable:  
 “There once was a person who had a fig tree planted  
 in his orchard,  
 And when he came in search of fruit on it but found none,  
 He said to the gardener,  
 “For three years now I have come in search of fruit,  
 on this fig tree  
 but have found none.  
 So cut it down.  
 Why should it exhaust the soil?  
 He said to him reply,  
 “Sir, leave it for this year also,  
 And I shall cultivate the ground around it and fertilize it;  
 it may bear fruit in the future.  
 If not you can cut it down.”

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**Discussion Questions:**

- **Sunday**            **Discuss the homily and/or Reflection. What did you take from it?**
- **Monday**           **Jesus speaks of Galileans killed by Pilate and 18 people, killed by a collapsing tower to prove that “bad” things do not happen just to bad people. – Discuss examples of bad things happening to good people. Why does it happen?**
- **Tuesday**          **Jesus says all must repent –“What are some things from which you must repent?”**
- **Wednesday**       **What was the lesson Jesus was trying to teach in the Fig Tree Parable?**
- **Thursday**          **If you found out that you had one day left to live what would you do?**
- **Friday**             **Repent Day – Write down a sin on a piece of paper and pray for forgiveness**

**Fourth Sunday of Lent  
Gospel – Luke 15: 1-3, 11-32**

**March 14<sup>th</sup>  
The Parable of the Prodigal Son**

Tax collectors and sinner were all drawing near to listen to Jesus, but the Pharisees and scribes began to complain, saying, “This man welcomes sinners and eats with them.” So to them Jesus addressed this parable: “A man had two sons and the younger son said to his father, “Father give me the share of your estate that should come to me.” So the father divided the property between them. After a few days, the younger son collected all his belongings, and set off to distant country where he squandered his inheritance on a life of dissipation. When he had freely spent everything, A severe famine struck the country, and he found himself in dire need. So he hired himself out to one of the local citizens Who sent him to his farm to tend the swine? And he longed to eat his fill of the pods which the swine fed, But nobody gave him any. Coming to his senses he thought, “How many of my father’s hired workers have more than enough food to eat, but here am I, dying for hunger. I shall get up and go to my father and I shall say to him, “Father, I have sinned against heaven and against you. I no longer deserve to be called your son? Treat me as you would treat one your hired workers.” So he got up and went back to his father. While he was still along way off, His father caught sight of him, and was filled with compassion. He ran to his son, embraced him and kissed him. His son said to him, “Father, I have sinned against heaven and against you, I no longer deserve to be called your son.” But his father ordered his servants, “Quickly bring the finest robe and put it on him; put a ring on his finger and sandals on his feet. Take the fattened calf and slaughter it. Then let us celebrate with a feast, Because this son of mine was dead, and has come to life again. He was lost and has been found.” Then the celebration began. Now the older son had been out in the field And, on his way back, as he neared the house, he heard the sound of music and dancing. He called one of the servants and asked what t his might mean. The servant said to him, “Your brother has returned and your father has slaughtered the fattened calf because he has him back safe and sound.” He became angry, and when refused to enter the house, his father came out and pleaded with him.